



September 22, 2021





Tips for Building Relationships

Are You a Trustworthy Leader?

Five Elements of Trust

Inclusion and Diversity

Diversity and Inclusion Defined What is An Inclusive Environment Behaviors to Fostering an Inclusive Culture

Future Team Exercise

Suggested DEI Training Framework







Send people handwritten notes from time to time.

- Easiest ways to show people you care about them.
- Personal touch it's an easy way to stand out in the crowd.

Spend quality time with people.

- Spend one-on-one time with your team members whenever possible, and get to know them.
- Find out their hopes and dreams.
- Work closely to help them grow and learn.
- Show them that you care by the amount of time you spend with them.



Take your eyes off yourself and put yourself in the other person's shoes.

- Having empathy is one of the best ways to build relationships.
- Realize no one is perfect and accept each person as they are, and remind them of who they are capable of becoming.

Send them a gift once or twice a year. It doesn't have to be anything expensive, just a token of appreciation.

It could be a \$5 gift card, snack (healthy or otherwise), or anything else. It's the thought that counts.



Most important thing you can do to build relationships is to be a person of your word.

- Say what you do and do what you say.
- Be accountable and reliable.
- If you say you are going to do something, make sure you do it!





Are You a Trustworthy Leader?

- Do people constantly question your expectations of them?
- Would most people describe you as someone who is reliable?
- Is there a high amount of gossip and disrespect among your team?
- Do the majority of team members underperform at the tasks you ask them to do?
- Do you trust people to take on new responsibilities?



Five Elements of Trust







Respect



Unite



Show



Trust-Building





Be transparent (T) with your team.

- <u>Transparency</u> is showing accountability through communication.
- Being honest, being vulnerable, giving feedback, and stating expectations are all forms of transparency.
- Without transparency, people tend to make up their own truth about something.





Respect (R) everyone.

- Respect your employee's time, their opinions, and their ideas. If you say your meeting is at 9 a.m., don't show up at 9:15.
- If you say you have an open-door policy, don't shut the door just because you don't agree with someone's perception.





Unite (U) your team.

- The first step here is to let people know that you will not tolerate cliques and gossip amongst your team.
 - Gossip is like cancer; it kills team morale.
 - Trust, however, is the cure.
- The second step is to have them work toward one vision.
 - Give them a group project they have to complete by working together.





Show (S) them you care.

- As leadership expert John C. Maxwell said, "People don't care how much you know until they know how much you care."
- Trust is built when someone sees that you truly value them as a person and not just as an employee.





Trust-Building Activities (T) build morale.

- It's been proven that when <u>someone enjoys the people</u> they work with, they're happier and are more productive—and that doesn't happen by accident.
- One of the ways to raise morale and build trust at the same time is to provide activities focused on building trust in teams.





Diversity and Inclusion: Defined

Diversity and Inclusion

They are NOT synonymous terms, although they may be used interchangeably in some settings.

Diversity

Is the collective mixture of differences and similarities that includes, for example, individual and organizational characteristics, values, beliefs, experiences, background, preferences and behaviors.





Diversity and Inclusion: Defined

Inclusion (more intangible)

Happens when people feel like they are an insider, they experience a feeling of belonging within their organization. They are very much themselves and their uniqueness is highly valued.

AKA: the state of operating in which diversity is leveraged to create a fair, healthy, and high-performing organization or community. An inclusive environment ensures equitable access to resources and opportunities for all.





Inclusion happens when people feel like they are an insider, that they experience a feeling of belonging within their organization and:

- They are very much themselves.
- Their uniqueness is highly valued.
- Where differences are accepted.
- Where everyone is included and valued equally.







Behaviors to Fostering an Inclusive Culture

In General:

- Going out of the way to make others feel welcome.
- Showing genuine concern toward team members.
- Making an effort to understand problems faced by others.
- Working together to arrive at decisions that all can accept.
- Willingness to help each other
- Standing up for each other.



Behaviors to Fostering an Inclusive Culture

How Effective Managers Promote Inclusion:

- Continually attending to inclusion dynamics.
- Clearly articulating norms and expectations related to inclusion.
- Role-modeling inclusive behaviors.
 - Fairness
 - Cultural Integration and Differences
 - Consider Decision Making more mindful of being inclusive and consider diverse perspectives
- Holding others accountable for engaging inclusive behaviors.



Which Behaviors Resonated with You? **AND** Which One or Two Will You Work on to Foster an Inclusive Culture?

- Make people feel welcome
- Allyship
- Genuine concern for others
- Be supportive
- Understand we all have issues feeling of belonging
- Open dialogue
- Encourage authenticity
- Empower employees



Recommended Future Exercise (To Enhance Getting to Know One Another)

Voluntarily Share (In Team Setting)

- Where Did You Grow Up?
- How Many Household Members (Where Do You Fall in the Family)?
- What was the Most Challenging Part of Your Childhood?





The Diversity Advisors: Suggested Landed DEI Training Framework

All Employees

Diversity, Equity and Inclusion: Basics and the "Why"

Counteracting Unconscious Bias

Allyship

Conscious Inclusion: Modeling Inclusive Behaviors

Individual Contributors

All Employees +

Individual Accountability

Leadership and Inclusion Committee

All Employees + Individual Contributors +

Diversity and Inclusion at Work

Fostering and Inclusive Culture

Leading Uncomfortable Conversations





Thank You!

Consulting / Strategy Development and Assessment
Retainer

Ask The Diversity Advisors

DEI E-Learning Platform (Mobile)

